The present disclosure provides a measurement method, a resource configuration method, a terminal, and a network-side device. The measurement method corresponds to a terminal, and comprises: receiving configuration information sent by a network-side device, wherein the configuration information is at least used to indicate to perform L1-SINR measurement, and comprises CMR information and IMR information, and preset associations are present between CMRs in the CMR information and IMRs in the IMR information; determining, according to the preset associations, a target CMR and a target IMR for measuring a target L1-SINR; and respectively measuring the target CMR and the target IMR so as to obtain the target L1-SINR.