

Device for sensory support of the controlled exhalation of the user comprises a housing with a mouthpiece, a one-way valve, a liquid reservoir, an ultrasonic module, a flow or pressure sensor, and an outlet channel for discharging aerosol from the housing. The one-way valve is connected to the mouthpiece and is designed to allow air to pass only in the direction from the mouthpiece to the interior of the housing. The ultrasonic module is designed to generate an aerosol from the liquid. The flow or pressure sensor is functionally connected to the ultrasonic module and is designed to activate the ultrasonic module upon detection of an airflow from the mouthpiece toward the interior of the housing. Wherein, device is structurally designed without the possibility of inhaling the generated aerosol by the user.