

Method for producing a medicine in the form of a solution for internal use with hepatoprotective effect based on pomegranate fruit extract involves the extraction of plant raw material. The pomegranate fruits are weighed, the raw material is pressed, 96% ethanol is added in a threefold amount to the extract, filtered, and the filtrate is concentrated 10–20 times in a vacuum evaporator at a temperature of 50–60 °C. The calculated amount of sodium benzoate, L-arginine, L-citrulline, myo-inositol, betaine, and citric acid are weighed. Sodium benzoate, L-arginine, L-citrulline, myo-inositol, betaine, citric acid and purified water are gradually added to the pomegranate fruit extract with constant stirring until a homogeneous mixture is obtained. Wherein, the solution includes the following ratio of components, by weight. %: sodium benzoate - 0.1-0.2, betaine - 0.5-5.0, citric acid - 0.5-5.0, L-citrulline - 0.5-5.0, L-arginine - 1.0-5.0, myo-inositol - 1.0-5.0, pomegranate fruit extract - 20.0-70.0, purified water - up to 100.0.