

Method for obtaining salt mixture for prevention of spleen diseases involves a three-step mixing process of fast-dissolving flaky table salt with therapeutic and prophylactic components. The content of fast-dissolving flaky table salt is 30-40 wt%, and the following are added as therapeutic and preventive components, wt%: dry yarrow (*Achillea millefolium*) herb, ground to a powdery consistency - 40 - 50; dry common barberry (*Berberis vulgaris*) bark, ground to a powdery consistency - 10; dry prickly caper (*Capparis sepia*) roots, ground to a powdery consistency - 10.