

Method for producing a medicine in the form of capsules with anti-allergic action based on ionized 3,3',4',5,7-pentahydroxyflavone involves preparing the dosage form. Individual cryogenic grinding of 3,3',4',5,7-pentahydroxyflavone and arginine is carried out, followed by freezing them using liquid nitrogen vapor. Joint cryogrinding of 3,3',4',5,7-pentahydroxyflavone and arginine is carried out with the formation of water-soluble ionized 3,3',4',5,7-pentahydroxyflavone in a molar ratio of 1:3–1:5 in a cryomill, then filling and obtaining a capsule.