

Balance platform consists of a front part, designed to be placed under the ball of the foot, and a rear part, designed to be placed under the heel. Balance platform has a folded position and a working position. In the working position, the front part has a hemispherical protrusion on its lower surface and two slots made at an equal distance relative to the center of the hemispherical protrusion, while the rear part has a hemispherical recess on its lower surface and two fasteners placed at an equal distance relative to the center of the hemispherical recess. In the folded position, the lower surface of the rear part abuts against the lower surface of the front part. The hemispherical protrusion of the front part is designed to fit into the hemispherical recess of the rear part, and the fasteners of the rear part are designed to fit into the slots of the front part.